

Human Nutrition, Foods, and Exercise - HNFE (B.S.)

This is a recommended program of study for students planning to transfer to the College of Agriculture and Life Sciences to earn a Bachelor of Science, Major - Human Nutrition, Foods, and Exercise. Students choose a concentration/option in either Dietetics (DIET) or Science of Food Nutrition and Exercise (SFNE).

PLEASE NOTE: It may take longer than two years to complete a baccalaureate degree because of prerequisites and other circumstances or requirements. **Dietetics may require at least three additional years at Virginia Tech.** Students who want to complete the DIET option in 2 years must take the equivalent to BCHM 2024: Concepts of Biochemistry and HNFE 2014 Nutrition Across the Lifespan. A list of approved equivalents may be found at www.hnfe.vt.edu under Undergraduate Academics - Prospective Students - Transfer Students.

Recommended VCCS Courses	VT Credits 1st. Sem	VT Credits 2nd. Sem	Virginia Tech Course Application	Pathways Concept
BIO 101, 102	4	4	BIOL 1105+1115, 1106+1116	4
CHM 111, 112	4	4	CHEM 1035+1045, 1036+1046	4
ENG 111, 112	3	3	ENGL 1105, 1106	1f
See Math Equivalency options in the Virginia Tech Courses and Transferable VCCS Equivalents database.	3	3	MATH 1025, 1026	5f
HLT 230	3		HNFE 1004	
TOTAL	17	14		
BIO 231, 232 or BIO 141, 142	4	4	BMSP 2135+2145, BMSP 2136+2146	
CHM 241, 242 (DIET only CHM 241 needed)	3	3	CHEM 2535, 2536	
CHM 243, 244	1	1	CHEM 2545, 2546	
CHM 260	3		BCHM 2024	
Transferable courses (Area 2) ¹	3	3	Pathways 2	Pathways 2 or 6
PSY 200		3	PSYC 1004	3
CST 100	3		COMM 2004	1a
TOTAL	20	14		

Footnotes

¹ See VCCS General Education Requirements: Pathways to General Education.

See Foreign Language Requirement